

About the course:

The name of the paintingcourse is **“Mellan trädgårdslandet och köket”**. In this course we will discover the world of flowers and plants of the “köksträdgård” and the nature that surrounds it. In the world of kitchen and food, plantdecorations on “tapet”, “porslin”, “dukar” and “servetter”, nicely decorated dishes, will serve as an inspiration to design our own decorations. Everybody uses a different language in painting/drawing. Some people paint finely and detailed, others more global with thick brushes, and some only in coloured spots, others only like to draw in black and white with pencil or charcoal.

In this course you’ll develop your artistic skills, you come closer to your own way of painting/drawing and telling your story of the “trädgård”. It will not be a course about copying exactly the flowers or plants you see. Certain skills of colour and forms are of course necessary, but only to tell your story. Painting, drawing, cooking, gardening are all creative activities. You create something that didn’t exist before. It means starting on a road without knowing where it’s heading. It’s experimenting and trying, looking for which way is best to tell your story about a garden, a flower or a vegetable. Like a child that discovers the world. The result is always a surprise. I’ll focus in this course on the fun of experimenting, and learning from mistakes.

You’re starting on a trip without knowing where you’ll arrive.

The course has two parts

In one part we will be experimenting with a more **free way of creating and telling your own story** about the “köksträdgård.”

In the other part we are studying plantdecorations, and **how to design** ourselves decorative forms with plants and vegetables in the kitchen: for a cookbook, napkins, tablecloths and porcelain.

Depending on your wishes we can focus on one aspect or the other.



The “köksträdgård” and the world of preparing food, serve as an inspiration for painting. A garden, and nature in general, is about sowing, growing, blossoming, harvesting and dying. It’s about **the cycle of life** itself. It has all kinds of shapes and colours, big plants, small plants, little animals.

What means a trädgård to you, what do you feel looking at it, what do you smell, what does it mean for you to take care of it, what about the influence of the seasons? All kinds of associations, memories, colours and forms you can use in your painting. Everything can be a source of inspiration, from a little grain to a big “ekträd”.

The **decoration/kitchen-part** is more about design and illustration, and there you can choose between two possibilities:

We will be studying vegetable/flower/plantforms and -structures and exercise to make a design or a decoration with them.

I'll give you information how decorative patterns are made, and how you can use them to design a decoration yourself. This could be a decoration for porcelain, a napkin, 'tapeter' etc. I'll show you as, an inspiration, different beautiful examples of the use of plantforms in design.



Materials to take with you

- Sketchbook
- drawing and painting materials you'll like to work with or like to try.
- Anyway acrylic paint and different sizes of brushes, flat and pointed, fit for acrylic painting (pighair or nylon) and some some charcoal, pencils/colorpencils, eraser.

We won't use oil-paint

- A bottle for water and a plate to put your paint on.

We work on paper, minimal 180 grs drawingpaper, that's the cheapest material and fit for acrylic painting. There are also some special acrylic paintingblocks or canvasses possible, but these are more expensive materials. For exercising, the paper of minimum 180 grs is very ok. The size of the paper must not be too small, minimum 40x50cm but bigger is better. You can buy big sizes of paper at our place. Of course if you like to paint on canvas you can bring your own.

- A "fältstaffli" (they sell cheap ones at Biltema or Clas Ohlson).

We have a few also .

- rubber boots or walking shoes(the grass can be wet in the morning)
- an umbrella can be practical

Where

The course takes place on our farm, about 5 km from Värmlands Nysäter. We will work as much as possible outside as long as the weather is fine, if it's raining we'll work inside.

For pictures you can look at <http://www.gillberga-17.nl> under foto's. The website is not yet in Swedish but will be in the future.

If you have questions or want to contact me you can reach me on lucoenegracht@tiscali.nl (you can write in Swedish) or bytelephonenumber. If you

give me a quick call, I can call you back , I have a cheap way of calling to Sweden.

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Program

We'll start the day together with a breakfast . We'll work 2-2,5 hours in the morning and also in the afternoon. in between lunch will be served and coffee and tea. We'll finish the day with the dinner. The evenings are free.

How will we work?

The course consists of daily workshops, every day a different approach of the central theme , **"Mellan trädgårdslandet och köket"**. Mostly painting and drawing, some tasks figurative others free. But we will also prepare a lunchbuffet where we'll experiment with color and form, and the presentation of the dishes and food as to get a feel of composition. We'll go out in the forest and pick "kantareller and berries that we'll use in the painting.

We'll start the day with **small short exercises** together or alone, to get into the mood of painting, to exercise different ways of looking that you can use later in your painting, using different materials, small experiments with color, form, structure, composition. We'll look at some inspiring examples of how other artist address the subject of plants and nature, or we will go out in the garden to collect material for studying. We'll maybe listen to a song or the sound of the wind.

After the first short exercises, we will explore a central theme during the rest of the day. Each of the participants choses something he/she wants to investigate. I'll be there to support and stimulate you when needed. At the end of the day we will look at each others work and discuss it. Looking at your own work and that of other participants is important, because we can learn from each other.

According to your wishes I can tell you something about different materials like paint, paper and brushes.

In the middle of the week depending on the wishes of the participants you'll have a half day/day off or we can organize something. A trip to an exhibition or museum, a tour on a real vikingboat, I can show you around our old farm and tell something about "byggnadsvård", the principle of restoring old buildings in a traditional way etc.

The course is open for participants from Holland and Sweden. In a mixed group the main language will be English. The teacher speaks English, Dutch and reasonable Swedish. Individual advice will be as much as possible in your own language.

Everybody from about age 18 is welcome to participate, with or without previous experience in painting or drawing.

Minimum number of participants 5, maximum 10.

The course will be from **13-19 july 2014**.

Arrival Sunday 13 july: welcome with a drink and dinner

Friday 18 july: festive finish of the course with an exhibition of the works and dinner

Saturday 19 july departure after lunch.

The teacher and organizer of the course is Lucienne Coenegracht. She has been a language teacher (French and Dutch) and was studying painting and graphic design at HKU University of Arts. She works as a graphic designer and illustrator. She has a lot of experience in teaching in different areas to all kinds of people. Inspiration and encouragement are two keywords in her teaching. She's passionate about gardening and cooking.

Food and stay

Every day we'll serve you a delicious and healthy breakfast, lunch and dinner. We'll cook as much as possible with biological and locally produced products and with herbs and vegetables from our own garden. We love mediterranean style cooking and will serve both vegetarian meals as meals with meat or fish. Our bread is real "surdegsbröd" from a small bakery nearby.

There are different possibilities of **staying** overnight in the area. Two small campings at cycling distance, "stugas" for rent, hotels. We can help you with the finding of a cabin in the area.

You can also put a tent on our place. We have room for about 10 small tents. Services are very simple. We don't have a shower yet, but you can wash yourself in the little barn where there's a sink with running water. For a very small fee you can use the shower on the campsite nearby.

We have an **internetconnection**.

We have three mountainbikes you can use for a small fee.

The place is not fitted for wheelchairs.

Dogs are welcome.

For lodging and accommodation look also on the website under the button : "**links**"

About us



Seven years ago, we, Joop Kessels and Lucienne Coenegracht, have bought little old farm in Sweden, an old dream come true. Since then almost every holiday we spent on restoring the farm and the barns. We learned a lot about "byggnadsvård", the traditional building techniques and use of natural materials as "lera" "linhalm" and "linoljefärg". We started to make a garden, with flowers, vegetables and berries, cutting the fruit trees, chopping wood. And we speak already quite a bit of Swedish.

Although often the building proceeds slower than we think, and our patience is often challenged, these seven summers a lot of work has been done!

We think about organising different small-scale activities here at **Gillberga-17**.

How to come to Gillberga-17?



You can come to us easily by public transport. Swebus 888 stops nearby at E18 Knöstad,

There are good trainconnections between Oslo and Karlstad and Stockholm and Karlstad.

And from there you can easily come to Grums, the nearest station. For a little fee we can pick you up at Grums or Knöstad.

<http://www.swebus.se>

<http://www.sj.se>

Price

Course: **3800 SEK** included camping at our place, all meals, two times a day coffee/tea/juices/fruits

Not included in the price: extra coffee/tea/juice/alcoholic drinks

We serve one alcoholic/non-alcoholic consumption at the dinner. We don't have a license to serve alcohol, and Swedish law is rather strict on that. So if you want to enjoy more wine or beer, you have to buy it yourself.

Not included in the price:

- costs of extra activities apart from the course and extra materials you can buy at our place (big size paper and acrylic paint)
- travel to and from the course location
- travel- and annulation insurance
- costs of other accomodation, stuga, hotel

If you want us to fetch you at or bring you to the (bus)station we charge you a fee of 80 SEK

Payment and cancellation

You can download an inscriptionform, "Svensk Inskrivningsformulär" under the button

"contact".

50% of the course-price must be payed in advance, one week after inscription. Your inscription is definitive when you have send back signed the inscriptionform and payed 50% of the course-price. You'll get from us then a confirmation of the inscription.

Final inscriptiondate: **15 june 2014**

Payment to: L. Coenegracht

If you would like to, or have to cancel the course because of unexpected circumstances, then you have to pay

- 40% of the price of the course when you cancel before 15 June 2014

- 100% of the course-price if you cancel after 15 June 2015

Cancellation has to be done by signed letter.

We are entitled to cancel the course in case of unexpected eventualities or in case when there are not enough participants (minimum 5). Might this be the case, we will of course refund to you the complete course-price. You'll be informed ultimately 18 June 2014 if the course will take place.

Insurance

We advise everyone to purchase a travel-and cancellation insurance. There might be unexpected circumstances for which you have to cancel the course, your luggage can get lost, or damage can be done to your or others property.

Welcome!